



EARLY LEARNING CENTER

# Menu for the month of July 2017

Note: Children under 2 years of age will have a substitute item for raw carrots & celery.  
Water is available to drink at all meals.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><b>Breakfast</b> Vegetable and Cheese Quiche Cold Cereal/Milk</p> <p><b>Lunch</b> Beef Stroganoff Salad Steamed Carrots Apple Slices Milk</p> <p><b>Snack</b> Pretzels Apple Juice</p>	<p>4</p> <p><u>NO SCHOOL</u></p> <p><u>4<sup>th</sup> OF JULY</u></p>	<p>5</p> <p><b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk</p> <p><b>Lunch</b> Chicken Quesadilla Beans Corn Peaches Milk</p> <p><b>Snack</b> Jello with Fruit Apple Juice</p>	<p>6</p> <p><b>Breakfast</b> Cinnamon Muffin Yogurt Cold Cereal/Milk</p> <p><b>Lunch</b> Homemade Meatloaf Green Beans Cucumbers Mixed Fruit Milk</p> <p><b>Snack</b> Celery Sticks and Cream Cheese Apple Juice</p>	<p>7</p> <p><b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk</p> <p><b>Lunch</b> Cheese Pizza Mixed Vegetables Cole Slaw Pineapple Milk</p> <p><b>Snack</b> Vanilla Wafers Apple Juice</p>
<p>10</p> <p><b>Breakfast</b> Ham and Cheese Quiche Cold Cereal/Milk</p> <p><b>Lunch</b> Chicken and Noodle Bake Cole Slaw Peas Grapes Milk</p> <p><b>Snack</b> Carrots and Ranch Dressing Apple Juice</p>	<p>11</p> <p><b>Breakfast</b> Biscuits and Sausage Gravy Cold Cereal/Milk</p> <p><b>Lunch</b> Meatballs Mashed Potatoes and Gravy Salad Peaches Milk</p> <p><b>Snack</b> Chips and Salsa Apple Juice</p>	<p>12</p> <p><b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk</p> <p><b>Lunch</b> Crispy Tacos Beans Corn Applesauce Milk</p> <p><b>Snack</b> Vanilla Pudding Apple Juice</p>	<p>13</p> <p><b>Breakfast</b> Pumpkin Muffin Yogurt Cold Cereal/Milk</p> <p><b>Lunch</b> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk</p> <p><b>Snack</b> Lemon Squares Apple Juice</p>	<p>14</p> <p><b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk</p> <p><b>Lunch</b> Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk</p> <p><b>Snack</b> Chex Mix Apple Juice</p>
<p>17</p> <p><b>Breakfast</b> Bacon and Cheese Quiche Cold Cereal/Milk</p> <p><b>Lunch</b> Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk</p> <p><b>Snack</b> Oatmeal Strawberry Bars Apple Juice</p>	<p>18</p> <p><b>Breakfast</b> Pancakes Sausage Cold Cereal/Milk</p> <p><b>Lunch</b> Oven Baked Chicken Cucumber Salad Peas Peaches Milk</p> <p><b>Snack</b> Bread Sticks with Tomato Sauce Apple Juice</p>	<p>19</p> <p><b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk</p> <p><b>Lunch</b> Bean and Cheese Chalupa Spanish Rice Corn Apple Slices Milk</p> <p><b>Snack</b> Cheese Nachos Apple Juice</p>	<p>20</p> <p><b>Breakfast</b> Apple Cinnamon Muffin Yogurt Cold Cereal/Milk</p> <p><b>Lunch</b> Lasagna Broccoli Salad Applesauce Milk</p> <p><b>Snack</b> Animal Crackers Apple Juice</p>	<p>21</p> <p><b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk</p> <p><b>Lunch</b> Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix Milk</p> <p><b>Snack</b> Cheese Nips Apple Juice</p>
<p>24</p> <p><b>Breakfast</b> Cheese Quiche Cold Cereal/Milk</p> <p><b>Lunch</b> Fish Sticks Pork n Beans Broccoli Mandarin Oranges Milk</p> <p><b>Snack</b> Wheat Thins and Cream Cheese Apple Juice</p>	<p>25</p> <p><b>Breakfast</b> Cinnamon Toast Ham Cold Cereal/Milk</p> <p><b>Lunch</b> Teriyaki Chicken and Rice Cole Slaw Mixed Vegetables Tropical Fruit Mix Milk</p> <p><b>Snack</b> Chocolate Pudding Apple Juice</p>	<p>26</p> <p><b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk</p> <p><b>Lunch</b> Bean and Cheese Taco Peas Corn Grapes Milk</p> <p><b>Snack</b> Apple Slices Apple Juice</p>	<p>27</p> <p><b>Breakfast</b> Banana Muffins Yogurt Cold Cereal/Milk</p> <p><b>Lunch</b> Spaghetti and Meat Sauce Steamed Carrots Salad Mixed Fruit Milk</p> <p><b>Snack</b> Corn Bread Apple Juice</p>	<p>28</p> <p><b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk</p> <p><b>Lunch</b> Chicken and Rice Casserole Green Beans Cucumber Salad Mixed Fruit Milk</p> <p><b>Snack</b> Goldfish and Raisins Apple Juice</p>
<p>31</p> <p><b>Breakfast</b> Sausage and Cheese Quiche Cold Cereal/Milk</p> <p><b>Lunch</b> Personal Pizza Peas Corn Applesauce Milk</p> <p><b>Snack</b> Banana Pudding Apple Juice</p>	<p>1</p> <p><b>Breakfast</b> Waffles Sausage Cold Cereal/Milk</p> <p><b>Lunch</b> Chicken Alfredo Green Beans Salad Mixed Fruit Milk</p> <p><b>Snack</b> Fruit Crisp Apple Juice</p>	<p>2</p> <p><b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk</p> <p><b>Lunch</b> Cheese Enchilada Casserole Spanish Rice Beans Grapes Milk</p> <p><b>Snack</b> Yogurt and Granola Apple Juice</p>	<p>3</p> <p><b>Breakfast</b> Blueberry Muffin Yogurt Cold Cereal/Milk</p> <p><b>Lunch</b> Chicken Pot Pie Cucumber Salad Steamed Carrots Pears Milk</p> <p><b>Snack</b> Cheese and Crackers Apple Juice</p>	<p>4</p> <p><b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk</p> <p><b>Lunch</b> Chicken Salad Wrap Steamed Broccoli Cole Slaw Pineapple Milk</p> <p><b>Snack</b> Trail Mix Apple Juice</p>