



EARLY LEARNING CENTER

# Menu for the month of September 2017

Note: Children under 2 years of age will have a substitute item for raw carrots & celery.  
Water is available to drink at all meals.

Monday	Tuesday	Wednesday	Thursday	Friday
28 <b>Breakfast</b> Cheese Quiche Cold Cereal/Milk <b>Lunch</b> Fish Sticks Pork n Beans Broccoli Mandarin Oranges Milk <b>Snack</b> Wheat Thins and Cream Cheese Apple Juice	29 <b>Breakfast</b> Cinnamon Toast Ham Cold Cereal/Milk <b>Lunch</b> Teriyaki Chicken and Rice Cole Slaw Mixed Vegetables Tropical Fruit Mix Milk <b>Snack</b> Chocolate Pudding Apple Juice	30 <b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk <b>Lunch</b> Bean and Cheese Taco Peas Corn Grapes Milk <b>Snack</b> Apple Slices Apple Juice	31 <b>Breakfast</b> Banana Muffins Yogurt Cold Cereal/Milk <b>Lunch</b> Spaghetti and Meat Sauce Steamed Carrots Salad Mixed Fruit Milk <b>Snack</b> Corn Bread Apple Juice	1 <b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk <b>Lunch</b> Chicken and Rice Casserole Green Beans Cucumber Salad Mixed Fruit Milk <b>Snack</b> Goldfish and Raisins Apple Juice
4 <b>NO SCHOOL</b> <b>LABOR DAY</b>	5 <b>Breakfast</b> Waffles Sausage Cold Cereal/Milk <b>Lunch</b> Chicken Alfredo Green Beans Salad Mixed Fruit Milk <b>Snack</b> Fruit Crisp Apple Juice	6 <b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk <b>Lunch</b> Cheese Enchilada Casserole Spanish Rice Beans Grapes Milk <b>Snack</b> Yogurt and Granola Apple Juice	7 <b>Breakfast</b> Blueberry Muffin Yogurt Cold Cereal/Milk <b>Lunch</b> Chicken Pot Pie Cucumber Salad Steamed Carrots Pears Milk <b>Snack</b> Cheese and Crackers Apple Juice	8 <b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk <b>Lunch</b> Chicken Salad Wrap Steamed Broccoli Cole Slaw Pineapple Milk <b>Snack</b> Trail Mix Apple Juice
11 <b>Breakfast</b> Vegetable and Cheese Quiche Cold Cereal/Milk <b>Lunch</b> Beef Stroganoff Salad Steamed Carrots Bananas Milk <b>Snack</b> Pretzels Apple Juice	12 <b>Breakfast</b> French Toast Ham Cold Cereal/Milk <b>Lunch</b> Cheese Pizza Mixed Vegetables Cole Slaw Apple Slices Milk <b>Snack</b> Banana Bread Apple Juice	13 <b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk <b>Lunch</b> Chicken Quesadilla Beans Corn Peaches Milk <b>Snack</b> Jello with Fruit Apple Juice	14 <b>Breakfast</b> Cinnamon Muffin Yogurt Cold Cereal/Milk <b>Lunch</b> Homemade Meatloaf Mashed Potatoes & Gravy Cucumbers Mixed Fruit Milk <b>Snack</b> Celery Sticks and Cream Cheese Apple Juice	15 <b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk <b>Lunch</b> Tuna Noodle Casserole Green Beans Steamed Broccoli Pineapple Milk <b>Snack</b> Vanilla Wafers Apple Juice
18 <b>Breakfast</b> Ham and Cheese Quiche Cold Cereal/Milk <b>Lunch</b> Chicken and Noodle Bake Cole Slaw Peas Grapes Milk <b>Snack</b> Carrots and Ranch Dressing Apple Juice	19 <b>Breakfast</b> Biscuits and Sausage Gravy Cold Cereal/Milk <b>Lunch</b> Meatballs Mashed Potatoes and Gravy Salad Peaches Milk <b>Snack</b> Chips and Salsa Apple Juice	20 <b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk <b>Lunch</b> Crispy Tacos Beans Corn Applesauce Milk <b>Snack</b> Vanilla Pudding Apple Juice	21 <b>Breakfast</b> Pumpkin Muffin Yogurt Cold Cereal/Milk <b>Lunch</b> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk <b>Snack</b> Lemon Squares Apple Juice	22 <b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk <b>Lunch</b> Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk <b>Snack</b> Chex Mix Apple Juice
25 <b>Breakfast</b> Bacon and Cheese Quiche Cold Cereal/Milk <b>Lunch</b> Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk <b>Snack</b> Oatmeal Strawberry Bars Apple Juice	26 <b>Breakfast</b> Pancakes Sausage Cold Cereal/Milk <b>Lunch</b> Oven Baked Chicken Cucumber Salad Peas Peaches Milk <b>Snack</b> Bread Sticks with Tomato Sauce Apple Juice	27 <b>Breakfast</b> Oatmeal Fresh Fruit Cold Cereal/Milk <b>Lunch</b> Bean and Cheese Chalupa Spanish Rice Corn Apple Slices Milk <b>Snack</b> Cheese Nachos Apple Juice	28 <b>Breakfast</b> Apple Cinnamon Muffin Yogurt Cold Cereal/Milk <b>Lunch</b> Lasagna Broccoli Salad Applesauce Milk <b>Snack</b> Animal Crackers Apple Juice	29 <b>Breakfast</b> Scrambled Egg Toast Cold Cereal/Milk <b>Lunch</b> Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix Milk <b>Snack</b> Cheese Nips Apple Juice